

SCENAR and COSMODIC for **PROSTATE** Problems

Enlarged prostate, prostatitis, prostate cancer, and associated ED are becoming more and more common problems amongst men (arguably, due to serious hormonal imbalance caused by exogenous estrogen pollution). One of the most common indicators of a serious prostate problem is an elevated Prostate-Specific Antigen (PSA) level.

The good news is, SCENAR, COSMODIC, and SOLARIS Blanket can be VERY effective in treating most of the above conditions and lowering the PSA level.

While the ways of using SCENAR devices for prostate problems vary depending on each particular situation, here are a few recommendations that you can use as general guidelines.

1. Devices to have for the best and quickest results:
 - ❖ SCENAR-COSMODIC EX735Ag or COSMODIC 715Ag (due to their assessment capability, even though the VX735, PS705, or the DOVE scenar will do a good treatment job as well);
 - ❖ COSMODIC Remote Rectal attachment (made of silver or shungite);
 - ❖ SOLARIS Health Blanket.
2. If you have the **COSMODIC Rectal Probe**, use it **DAILY** with your COSMODIC device for at least 20-30 min. That is the *single most effective thing* you can do for any kind of prostate problems, lower urinary tract problems, or ED. (COSMODIC silver remote electrodes manufactured by LET Medical typically cannot be used with the first generation SCENAR devices or the DOVE scenar, but the shungite cylinders can be.)
3. Treat the **"ZONE PALM"** Area of General Regulation on a regular basis (preferably daily or every other day).

Despite what its name says, the "Zone Palm" Protocol is not performed on palms. It covers areas related to the **Reproductive System**: the low abdomen and the sacrum. In classical SCENAR, it also includes C7 and the suprasternal notch as stand-alone small Areas of General Regulation (AGRs). We like to add the third one – the Coccyx point (or the Tailbone).

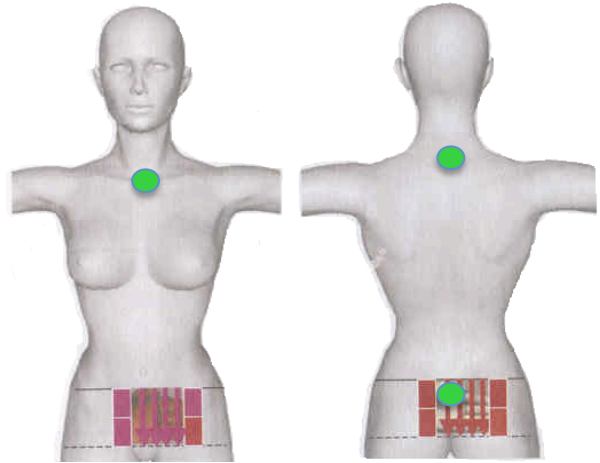
Besides its use for prostate problems and it's qualities as a Large Area of General Regulation that can be used in pretty much any health situation, the Zone Palm Protocol is especially helpful for:

- Any Reproductive System disorders and ED.
- PMS and other sexual hormonal imbalances.
- Disorders of the Lower Urinary Tract.
- Immuno-stimulation and immune-modulation.
- Increase in general Vitality and Rejuvenation.

The Technique

- The protocol got its name from the size of the areas to be treated. Take a client's **palm** and place it above his/her pubic bone. Draw a square around the palm. You do not have to leave a line, as long as you know where the borders are. That will be the area to work on. Drawing a line attracts additional body's attention to the area, which is always good.

- Do the same on the back, over the sacrum.
- If your SCENAR or COSMODIC device has an assessment capability, start taking readings on the front in the usual manner: **top to bottom, left to right** (you will probably have 2 rows and 6-8 columns). Dose the highest reading.
- Do the same over the sacrum area. Dose.
- Now Dose all three small AGRs (we call them the “**Three Crucial Points**”):
 - 1) C7,
 - 2) Suprasternal Notch (thymus projection),
 - 3) Coccyx.

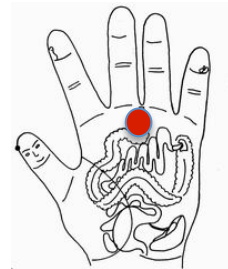


You can do it in any order but we usually like to do the tailbone point last.

In the “Zone Palm” Protocol, you get **5 Doses** in total.

Just as with the other Large AGRs, you can perform this protocol in **Subjective mode** with the PS705 or the DOVE scenar (the devices without an assessment capability). Just ‘paint’ the symmetrical ‘palm’ areas on the front and on the back and Dose the found **Small Asymmetries** (or remove them in Dynamic manner). And do not skip to Dose the Three Crucial Points!

4. Work directly on the **Perineum** with your COSMODIC, whenever you have a chance, for 15-30 min. The more the better. The stronger the better, but it does not have to be uncomfortable.
5. Work on the “**Bladder point**” on both of your palms.
6. Additionally, you may include in your treatments:
 - Neck and shoulders;
 - The “Third Eye” point;
 - Appropriate acupuncture and acupressure points;
 - Similar in location to the “Bladder points” on the palms, points on the bottom of your feet.
7. Do not forget to use the **SOLARIS Blanket** whenever you have a chance!



The length of therapy depends a great deal on the particularities of a condition and cannot be predicted, but you should be able to see some (or significant) improvement within 1-2 weeks. Just be patient and persistent – it WILL pay off.